

GULF VIEW
Medical Centre

Healthcare for life.



Medical Admissions

Welcome

Gulf View Medical Centre is a private institution that has delivered excellence in health care for the past 20 years.

With an unwavering commitment to quality, Gulf View Medical Centre continues to expand and modernize its services and procedures to meet the diverse needs of our customers.

If this is your first time as a patient at GVMC, please read this guide to familiarize yourself with our services and procedures.

We understand that admission to a hospital can be a daunting experience, so every effort will be made to meet your physical and emotional needs while you are in our care.

Accommodation

Patients that require overnight accommodation have the option of choosing an individual, double or a shared room.

Shared rooms are available for the care of day surgery or short stay patients.

Every effort is made to provide our patients with a room of their choice however; the Hospital reserves the right to make changes with regard to accommodation as needed.

All rooms are furnished with ensuite facilities, a personal nurse-call button, free wireless internet, cable television and the daily newspaper.

Preadmission

Before you can be admitted to Gulf View Medical Centre, you are required to meet with the Admissions Clerk at least one week prior to the date of your scheduled procedure. You will be asked to provide certain details for the completion of all necessary documentation relating to your stay.

Admission

On the day of admission you are asked to report to the Admission Clerk to finalise all admission formalities. Before giving written consent for your scheduled procedure, please ensure that you have discussed all aspects of treatment and related costs with your Doctor. You can withdraw your consent and refuse further treatment at any time.

After admission formalities have been completed, you will be escorted to your room, where a Nurse will explain the facilities available and take details of your medical history. If you require any additional support, please inform the Nurse and we shall plan your care in consultation with your Surgeon and Anaesthetist.

► What to Bring for Admission Registration

Please bring the following documents for registration:

- + Your Doctor's Admission Letter
- + ID Card or Driver's Permit, Birth Certificate (if below the age of 15), Passport (for foreigners only)
- + Relevant x-rays, scans and pathology reports.
- + Full details of your health insurance coverage if applicable
- + Details of any allergies or known pre-existing condition

► Overnight Stay Patients

- + Sleepwear, dressing gown, slippers and underwear
- + Toiletries and other personal items including toothbrushes and toothpaste
- + Current medications in their original labeled bottles or packets and prescriptions



► Don't Bring

- + Valuables, jewellery or large amounts of money, as the Hospital cannot accept responsibility for these



► Preparing for Surgery

Fasting: If your procedure requires fasting, do not eat or drink anything before surgery for a duration specified by your Doctor. This includes water, coffee, any other fluids, hard candy, chewing gum and tobacco. Failure to follow the directives of your doctor regarding fasting may result in your procedure being rescheduled or delayed.

Smoking and other Intoxicants: Do not smoke; consume alcohol or any other intoxicant 24 hours prior to surgery.

Medications: Medications are to be taken in the morning on the day of your surgery only as directed by your Doctor. Generally, medicine for your heart, high blood pressure and asthma should be taken with a sip of water (no other liquids) before arriving at the Hospital unless otherwise directed by your Doctor.

Other requirements: Do not wear makeup, perfume, deodorant or nail polish on the day of your procedure. It is important that we can view the natural colour of your skin and nail beds. Avoid wearing contact lenses; wear glasses as an alternative.



You are asked to notify your Doctor if you develop a cold, persistent cough, fever or any other health related problems prior to surgery.

▶ **Post Surgery**

Following your surgery, you will be moved to your room, where you shall remain under close observation and treated according to a care plan outlined by your Doctor until your discharge.

▶ **Overnight Stay Patients**

Before you are admitted to the Hospital, please consider how you will travel home. We suggest you arrange for someone to escort you home.

Do not overestimate your physical capacities, especially after surgery or major illness, as recovery takes some time. The best course of action is to speak with your Doctor well before you are discharged, so that any post-hospital assistance can be arranged.

► Day Surgery and Short Stay Patients

If you have had general anaesthetic, you will be required to stay in our recovery area where you will be monitored before being transferred to the ward. In the ward, our Nurses will continue to monitor your status. During this time, refreshments will be provided. If you have any special dietary requirements, please advise the Nursing staff.

As driving is not permitted 24 hours after the administration of an anaesthetic, please ensure a friend/relative drives you home.

Please remember there may be circumstances that cause some surgical procedures to run longer than expected, which may cause delays to your procedure. We will keep you fully informed in the event your procedure, and therefore discharge, is later than scheduled.

► Financial Requirements on Admission

If your treatment has been pre certified by your insurance company in writing, you are required to pay any estimated gap between your Hospital's account and the anticipated fund benefit at the time of discharge.

Patients who are uninsured or whose treatment is not covered by an insurance provider are required to pay an initial deposit up admission as specified by your Doctor or the Admissions Clerk. During your stay, you will be updated on the status of your account and when further payments should be made.



► Facilities

Meals: Our Patient menu is carefully selected by our chefs to meet your nutritional needs and clinical requirements. Please advise our Nursing staff if you have any special dietary needs or food preferences.

Flowers: Flowers and other gifts from families and well wishers will be delivered to your room.

Pastoral Care: Recognising that hospitalisation for patients and their families can be a difficult experience; representatives of all religions are welcome if you might like to invite your Minister, Priest, Pundit or Spiritual Guide to visit you privately.

Visiting Hours: Family and loved ones are encouraged to visit between the hours of 11:00 AM to 12:00 PM, 4:00 PM to 5:00 PM and 7:00 PM to 8:00 PM. However, in special circumstances, visitors are permitted at other times.

Parking: Two car parks are available should you require parking but spaces are limited. The Management of Gulf View Medical Centre cannot accept responsibility for loss or damage to vehicles.

► Your Account

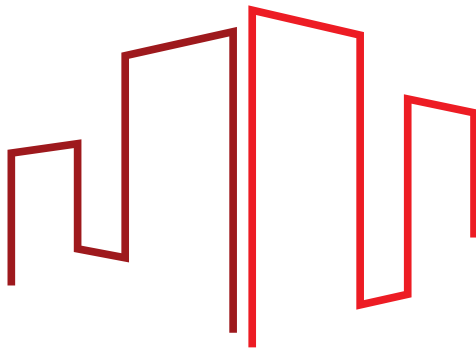
Your Hospital account may include charges for accommodation, theatre fees and other items such as surgical supplies and pharmaceuticals. All Hospital accounts must be settled on discharge. Accounts from your Doctor and other specialist medical practitioners such as Anaesthetists, should be settled separately and paid via personal cheque or cash.

► Your Privacy

Patient confidentiality is an integral part of the culture of this organisation and any personal information we collect from you will be used primarily to ensure that you receive optimal care but may be used for other approved purposes. Personal information may be released under legislation to State Authorities or your Insurer.

► Further Information

If you require further information not covered in this brochure, please give GVMC a call or speak to your Doctor.



GULF VIEW
Medical Centre
Healthcare for life.

715-716 McConnie Street. Gulf View. La Romaine. Trinidad
T 868.285.GVMC (4862) . F 868.652.0053 . E info@gvmctt.net

www.gvmctt.net