

GULF VIEW
Medical Centre
Healthcare for life.



Health and Wellness

Assessment Packages

20

Sophisticated Diagnostic Tests

PERFORMED IN ONE CONVENIENT LOCATION

Call us today to schedule your Health Assessment
and get on the road to good Health

Our Health is the most important asset we possess when it comes to leading fulfilling personal and professional lives. Gulf View Medical Centre is proud to offer our clients a wide variety of sophisticated diagnostic testing packages tailored to their individual needs.

Our clients have the option of choosing from Basic, Pre-Employment, Annual Check Up and Executive Medicals. We also offer UKOOA Medicals (UK Offshore Operators Association). All options are geared towards providing you with fast and accurate information regarding your health status.

Your Health Assessment is divided into three parts.

Prior to arrival you would have chosen the tests you would like to undertake. We can help you decide this with some quick questions regarding your medical history and lifestyle. Our assessment packages are designed to detect early signs of Diabetes, High Blood Pressure, Cardiovascular Disease and Cancer.

Your assessment is scheduled as morning sessions, as patients are required to attend Fasting (nothing to eat or drink for the preceding 10-12 hours). It is easiest to achieve this whilst asleep, and this allows your body to achieve baseline levels. If you have any medical condition that may be affected by this please let us know before you attend or embark on any fasting ritual.

On arrival you will be met by your host for the day and guided to the different areas to conduct your investigations. You will be offered your breakfast including cereal, toast and tea/coffee with a chance to catch up on the morning headlines in the paper. If you have any particular dietary requirements we will also try to accommodate you. Subsequently, a thorough medical examination will be undertaken.

The final aspect of your assessment will include a meeting with the Doctor who will thoroughly discuss your test results and any recommendations for follow up testing. If your Physician identifies a potential or existing problem requiring further evaluation, we can arrange priority access to the appropriate specialists.

Health and Wellness

Assessment Packages



Basic Medical

► MALE

Laboratory:

1. Complete Blood Count
2. Renal Function Test
3. Liver Function Test
4. Fasting Blood Sugar
5. Prostate Specific Antigen
6. Lipid profile
7. Urine Microscopy

ECG

CXR

Stress ECG (over 40years)

Full Medical

► FEMALE

Laboratory:

1. Complete Blood Count
2. Renal Function Test
3. Liver Function Test
4. Fasting Blood Sugar
5. Lipid profile
6. Urine Microscopy

ECG

Stress ECG (over 40years)

CXR

Mammogram (over 40years)

Breast Ultrasound

Pap Smear

Full Medical

Health and Wellness

Assessment Packages

Pre-Employment Medical

► Laboratory:

- | | |
|------------------------------|-------------------------------|
| 1. Complete Blood Count | CXR |
| 2. Renal Function Test | ECG |
| 3. Liver Function Test | Spirometry |
| 4. Fasting Blood Sugar | Audiometry |
| 5. Prostate Specific Antigen | Visual Acuity / Colour Vision |
| 6. Lipid profile | Preventive Care Medicine Scan |
| 7. Urine Microscopy | Full Medical |
| 8. HIV | |
| 9. Calcium / Phosphorus | |
| 10. 5 point drug test | |

Annual Company Medical

► **MALE**

Laboratory:

1. Complete Blood Count
2. Renal Function Test
3. Liver Function Test
4. Fasting Blood Sugar
5. Prostate Specific Antigen
6. Lipid profile
7. Urine Microscopy
8. HIV
9. Calcium/Phosphorus

Stress ECG

ECG

Audiometry

CXR

Spirometry

Abdominal Ultrasound

Preventive Care Medicine Scan

Full Medical

► **FEMALE**

Laboratory:

1. Complete Blood Count
2. Renal Function Test
3. Liver Function Test
4. Fasting Blood Sugar
5. Lipid profile
6. Urine Microscopy
7. Glycohaemoglobin (HBA1C)

Stress ECG

CXR

Spirometry

Abdominal and Pelvic Ultrasound

Mammogram

Preventive Care Medicine Scan

Full Medical

Pap Smear and Examination



Executive Medical

► MALE

Laboratory:

1. Complete Blood Count
2. Renal Function Test
3. Liver Function Test
4. Fasting Blood Sugar
5. Prostate Specific Antigen
6. Lipid profile
7. Urine Microscopy
8. HIV
9. Calcium/Phosphorus

Stress ECG

CXR

CT Scan Calcium Score

Audiometry

Spirometry

Abdominal Ultrasound

Preventive Care Medicine Scan

Full Medical

Dental Cleaning

► FEMALE

Laboratory:

1. Complete Blood Count
2. Renal Function Test
3. Liver Function Test
4. Fasting Blood Sugar
5. CA 125
6. Lipid profile
7. Urine Microscopy
8. HIV
9. Glycohaemoglobin (HBA1C)

10. Calcium/Phosphorus

11. Thyroid Function Test

Stress ECG

CXR

CT Scan Calcium Score

Audiometry

Spirometry

Abdominal and Pelvic Ultrasound

Mammogram

Preventive Care Medicine Scan

Full Medical

Pap Smear and Examination

Dental Cleaning



UKOOA Medicals

(UK Offshore Operators Association)

► Laboratory:

1. Drug Testing
 2. Urine Microscopy
- Spirometry

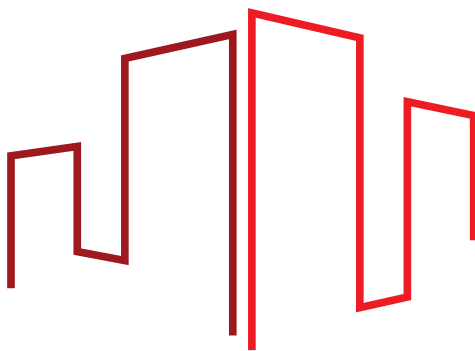
Audiometry

Full Medical

Visual Acuity / Colour Vision

Your organisation will be eligible for a group discount once you schedule 10 or more employees.

Dental cleaning and sleep apnea screening can be added to any Assessment package you choose to undertake.



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